Hello to each and everyone one of you! Welcome to the latest edition of our Alumni Newsletter. I do hope this finds all of you doing well and staying healthy! It is hard to believe that another year has come and gone but here we are getting ready to graduate another outstanding senior class in just a few short months! At the same time we will be choosing from over 25 first year students to carry the good name of your program forward for the next 3 plus years!

The program continues to place students in quality graduate schools as well as in quality employment settings. The certified name plates on the wall in the Freeman Athletic Training Center continues to grow which is a great site to see!! Our community service aspect of the program also continues to grow as our students now expect and really enjoy giving time to multiple community service activities that the Club’s Executive Committee chooses each quarter. I could not be more proud of this effort!

All our staff members have been busy this past year re-designing the curriculum to fit into the approved semester plan. We plan to begin this new semester system in the Fall of 2011! This will be quite a change for OC but we are looking forward to the enhanced learning opportunities that this system will provide all of us. Plus it will be nice to be done with the year in mid-May versus mid-June!

So sit back and enjoy the latest version of the Alumni Newsletter and as always – if you are in the neighborhood please stop by as we would love to see you! That is the highlight of my day when you stop in – especially unexpectedly as it is always good to see you and catch up with all that is happening in your lives!! Finally, if there is any way in which we can help you please do not hesitate to give us a call.

Dr. Joan Rocks—2009 Master Teacher of the Year

Health and Sport Science Department Chair and Athletic Training Program director, received the 2009 Master Teacher of the Year Award announced at the Academic Honors Convocation, June 3.

OCATs on Facebook

If you are currently a member on the social networking site of FACEBOOK, please join our Group “Otterbein College AT Alumni”. We look forward to using this method to keep in contact with you all!

If you are not a FACEBOOK member, we are always glad to hear from our graduates and would love to know where you are working and what you are doing otherwise in your lives. It is also helpful for you to contact us with address changes and email updates so we can keep in touch.

Please email updates Courtney Phillips—cphillips@otterbein.edu with this information.
Current Faculty/Staff

Joan E. Rocks, Ph.D., ATC
Athletic Training Program Director/HSS Department Chair:
Over 23 years of athletic training educational and clinical experience. Graduate of Marietta College (B.S.), Canisius College (M.S.), and University of Toledo (PhD.).
Responsibilities include: Health and Sport Sciences Department Chair, Athletic Training Program Director. Provide athletic training supervision for practice and home competition of Women’s Soccer. Assist in providing classroom instruction for the core athletic training classes.

Charles P. Goodwin, MESS., ATC
Head Athletic Trainer/Clinical Instructor:
Over 18 years of athletic training educational and clinical experience. Graduate of Furman University (B.S.) and The University of Florida (MESS).
Responsibilities include: Coordination of medical coverage for all Varsity/JV sports. Provide athletic training supervision for practice and home competition of Football and Softball. Assist in providing classroom instruction for the core athletic training classes.

Brenda M. Young, M. Ed., ATC
Assistant Athletic Trainer/Clinical Instructor:
Over 13 years of athletic training educational and clinical experience. Graduate of Marietta College (B.S.) and The University of Virginia (M.Ed.).
Responsibilities include: Providing athletic training supervision for practice and home competition of Men’s Soccer, Indoor and Outdoor Track. Assist in providing classroom instruction for the core athletic training classes. Athletic Training Clinical Coordinator.

Shelley Payne, MS, PT, ATC
Physical Therapist, Assistant Athletic Trainer/Clinical Instructor:
Over 15 years of Physical Therapy and Athletic Training experience. Graduate of DePauw University (B.A.), University of Indianapolis (M.S.) and University of Indianapolis (D.H.S.).
Responsibilities include: Physical Therapy Supervisor - Otterbein College. Assist in providing classroom instruction for the core athletic training classes. Allied Health Program Coordinator.

Joe Wilkins, M. Ed., ATC, CSCS
Assistant Athletic Trainer/Clinical Instructor:
Over 9 years of athletic training educational and clinical experience. Graduate of Otterbein College (B.S.) and The University of Virginia (M.Ed.).
Responsibilities include: Providing athletic training supervision for practice and home competition of Women’s Basketball and Baseball. Assist in providing classroom instruction for the core athletic training classes.

Courtney Phillips, MA, MS, ATC, CSCS
Assistant Athletic Trainer/Clinical Instructor:
Over 11 years of athletic training educational and clinical experience. Graduate of Wingate University (B.S.), North Carolina State University (M.A.) and The California University of Pennsylvania (M.S.).
Responsibilities include: Providing athletic training supervision for practice and home competition of Volleyball, Cross Country, Men’s Basketball and Men’s Lacrosse. Assist in providing classroom instruction for the core athletic training classes.
Hello Cardinals!!

I can't believe that it has been almost two years since my days in the FATC. When I think of Otterbein Athletic Training, so many things come to mind and I am overwhelmed with pride in my Alma Mater. When I have tried to explain to others what makes Otterbein so special I always return to the same argument, the people. In the classroom, athletic training room and everywhere on campus we were surrounded with wonderful examples of professionalism, with a caring touch. We were taught to work as a team and care about the well-being of all those we treated and worked with. The relationships we developed turned classes, the learning and the profession into so much more, something we could love doing every day. Many colleges teach Athletic Training but Otterbein did more than that for me; I learned also to be a health professional who devotes time, knowledge and kindness to all I treat. These skills make us better Athletic Trainers because our athletes trust and respect us. We are better coworkers and employees because we can understand the value of working together. I will never forget whether I am at a conference, with colleagues, classmates or patients that what matters most are the people involved. So as OCATS and Cardinals we left Otterbein to show all those we meet just why Otterbein Athletic Training is so special. Until we meet again, remember “The best minute you spend is the one you invest in someone else.” GO CARDS!!

Athletic Training Student Awards/Accomplishments

The Rudy Owen Award for Merit

2009 Erin Baumann

The William “Doc” Freeman Senior Leadership Award

2009 Erin Baumann

The Ann Pryfogle Award for Scholarship

2009 Olivia Roberts

Recently Certified AT/C’s:

Erin Baumann Amanda Benson
Candy Baker Tiffany Faust
Kate Connelly Christine Borowske

OC ATEP went green, that is why it was sent out in PDF to your e-mail! Save a little $ and save the planet!
Meet Our Physicians

Dr. Darrin Bright, MD

Undergraduate Education: BS in Natural Sciences, University of Akron, Akron, OH (1993)
Medical School: Northeastern Ohio Universities College of Medicine (1997)
Residency: Family Medicine, Riverside Methodist Hospital, Columbus, OH (2000)
Fellowship: Sports Medicine, Ohio State University (2001)

Dr. Bright is the Director of the Running & Endurance Athlete Center for Excellence at MAX Sports Center. He practices Sports Medicine and Family Medicine at the MAX Sports Medicine Institute at 3705 Olentangy River Road. Prior to joining MAX, Dr. Bright served as a full time faculty member at Ohio State University practicing and teaching both family and sports medicine (2001-2004). He also served as a Team Physician for the Ohio State University Department of Athletics (2001-2004). Dr. Bright is currently the Head Team Physician for Worthington Kilbourne High School as well as the Head Team Physician for Otterbein College. He also serves as the medical director for The Columbus Marathon and Capital City Half Marathon.

Dr. Bright is an avid marathon runner and tri-athlete, having completed more than 20 marathons including The Columbus Marathon, Cincinnati Flying Pig Marathon and Chicago, New York City and Boston marathons. In addition to multiple Olympic and sprint distance triathlons, he also completed Ironman Florida. His clinical interests include conditions unique to runners, cyclists and tri-athletes. He serves as a medical consultant to several running and cycling groups within the central Ohio area. Dr. Bright currently lives in New Albany with his wife Gwen and two daughters, Alexa and Molly.

Dr. Anthony J. Ewald, MD

Undergraduate Education: BS in Biomedical Engineering, Wright State University, Fairborn, OH (1999)
Medical School: The Ohio State University, Columbus, OH (2003)
Internship and Residency: Internal Medicine and Pediatrics, Indiana University Hospitals, Indianapolis, IN (2007)
Fellowship: Primary Care Sports Medicine, Indiana University, Indianapolis, IN (2008)

Dr. Ewald originally hails from Tiffin, Ohio and is excited to join the Otterbein community. As a sports medicine physician, he has worked with the Indianapolis Colts, Purdue University, IUPUI, WWE, and the NCAA Cross Country National Meet. He currently is a full-time staff member at MAX Sports Medicine at the OhioHealth Westerville Campus and serves as team physician to Westerville North High School. Some of his areas of interest include concussion management and pars stress fractures. He and his wife, Tammy, reside in Westerville.

Dr. Anna Dumont, DO

Graduate Education: Post-Baccalaureate Certification in Biomedical Sciences, Lake Erie College of Osteopathic Medicine, Erie, PA (2002)
Medical School: Lake Erie College of Osteopathic Medicine, Erie, PA (2006)
Internship and Residency: Family Medicine, University of Pittsburgh Medical Center St. Margaret, Pittsburgh, PA (2009)
Fellowship: Primary Care Sports Medicine, Ohio Health Riverside Methodist Hospital/Max Sports Medicine Institute, Columbus, OH (2010)

Anna was born in Manila, Philippines and grew up in Easton, Pennsylvania. During her residency, she covered Pittsburgh City League High School football and Robert Morris University Ice Hockey. She has been living in Pittsburgh, PA for the past 5 years and is an avid Steelers and Penguins fan. She is also currently the Team Physician for Independence High School, Columbus, OH. She has been married for 5 years and has 2 children, Jazna and Coleben. She thanks the Otterbein Athletic Training Staff and Students for the warm welcome.
OCATS has been very active so far this year and we have many new and exciting things to report! OCATS was featured in the August edition of the “NATA News” for our efforts with the Live Like A Champion program. The article was titled “Spreading the Message: ATSs Go Above and Beyond during National Athletic Training Month” and gave examples about how programs across the country are spreading the word about athletic training. LLAC was developed by OC alum Chris Troyer who now works as an athletic trainer at Dublin Scioto. Each year Chris takes a panel of OCATS members to area middle schools where they talk to students about transitioning from middle school to high school, emphasizing the importance of healthy, positive lifestyle choices. We have already started this year’s version of the LLAC program by visiting Genoa Middle School this past fall and we plan to visit St. Paul’s School later this quarter. Brad Muse, OCATS community service chairperson, has organized a group of volunteers for a new service opportunity for us this year at the Wendy’s Chili Open at the Columbus Zoo, which is put on by the Westerville Sunrise Rotary club. The Chili Open has been an annual event in Columbus since 1997 and has helped raise $1.3 million for local charities such as The Dave Thomas Foundation and the Westerville Area Resource Ministry (W.A.R.M.), among others. OCATS members will help with setting up and tear down of booths in addition to helping Rotary club members with activities throughout the day. We are extremely happy to be a part of such a well-established community event!

This past month we competed in the Annual Quiz Bowl at the OATA Student Symposium held at Ohio State. Team OCATS 2010 consisted of: Andrea Johnson (SR), Kate Weale (SR), Olivia Roberts (JR), and Michael Townsend (JR). Although we were eliminated in the first round by the eventual champion and OAC rival Wilmington, we are very proud to have been so well represented!

While we are staying busy with many activities, class, and clinical rotations, we have found time to work in some social events as well; such as the annual hog roast during Fall quarter, hosted again this year by our own Joe Wilkins and the OCATS mentor/mentee game night is scheduled for Winter quarter. Finally, OCATS is hosting the Goodwin Cup this spring as part of the incentive for winning last year’s edition of our athletic training Olympics against arch-rival Capital. Although we lost last year’s team MVP Erin Baumann to graduation, we return a strong core of ATSs and a brand new group of freshman as we will try and keep the bragging rights and Cup here at OC!
Grad Update (Here’s What Some of Our Grad’s Are Doing)

2009
- Janelle Joens is graduate student at Miami University of Ohio
- Amanda Benson is a graduate student at Barry University in South Florida
- Kate Connelly is a graduate student at The Ohio State University

2008
- Ryan Studer has obtained a GA position with Men’s Soccer at North Carolina State University in Raleigh, NC.
- Lizzy Hewitt is a Physical Therapy Student at Mt. St Joseph’s College in Cincinnati
- Tom Long is a Physical Therapy Student at Mt. St Joseph’s College in Cincinnati
- Kevin Stahr is an Occupational Therapy Student at The Ohio State University.
- Katie Homan is a Graduate Assistant with Women’s Basketball at the University of North Carolina at Chapel Hill and is currently an Athletic Training Intern at Walt Disney World Wide World of Sports Complex in Orlando, FL.
- Matt Brown is a Graduate Assistant at the University of Toledo

2007
- Kristen Moore is employed by Sports Medicine GRANT in Columbus OH.
- Abby Stillings is an athletic trainer/sports performance specialist at the Raleigh Orthopedic Sports Performance Center and is recently engaged.
- Justin Tatman is finishing his intern position NFL’s Miami Dolphins and is currently looking for permanent jobs
- Annelise Erpenbeck is at the Medical University of South Carolina to be a Physicians’ Assistant.

2006
- Michiteru Koike is attending chiropractic school in California
- Erika Kastner is working at an Athletic Trainer at LaGrange College in Georgia
- Missy Butcher is employed at Conley Rehab in Westerville

Grad Update (Here’s What Some of Our Grad’s Are Doing, from the horses mouth!)

2009
Candy Baker: I am currently an assistant athletic trainer at Washington College located in Chestertown MD, where I am also earning a master’s degree in Psychology.

Erin Baumann: Happy New Year and I hope your holidays were fabulous! Hmm about my life, well, I just finished my 2nd semester at MGH Institute of Health Professions in Boston, MA. I’m loving the city and public transportation was pretty much the best thing ever created :). Spring semester starts tomorrow and I have been assigned to Brookline Performing Arts Physical Therapy so I am super excited about that!

Christine Borowske: I am studying my life away in Dubuque Iowa, in PT school at Clarke College. Also, I am perfecting my shoveling skills, as it snows outrageously here :)

Tiffany Faust: I’m still in PA school at Philadelphia University and still engaged LOL. I work part time/Per Diem as an ATC at Philadelphia University.
2008
Allie Busser: I am still coaching and working on my masters (school counseling) at St. Lawrence University. Our volleyball team went 30-8 on the season and coach and I received Liberty League coaching staff of the year, along with having the pleasure of coaching the LL player of the year. It was a great way to begin my coaching career :) I am also working with the SLU athletic training staff--with the women's basketball team, along with a spring sport--not sure which one yet, but it should help prepare me to take my test if I decide to take it again! I am having a fun time utilizing my background to create a future/plan for myself!!

Katie Homan: I am at UNC-Chapel Hill as a graduate assistant athletic trainer in the midst of women’s basketball season.

2007
Tiffany Estes: I am still working for Ohio Health. I am at the Southwest Health Center in Grove City, Ohio in the mornings working the physical therapy/rehab clinic. I am also an athletic trainer at Hilliard Bradley High School in Hilliard, Ohio. I finished my Master’s degree in Athletic Training from California University of Pennsylvania in May 2008.

Kristin Moore: I am working right now for Sports Medicine Grant and Orthopaedic Assoc. as the DME specialist (Durable Medical Equipment). It is a part of athletic training that I never saw myself in. I take care of all the bracing for all or our patients- everything from post op bracing and CPMs to functional specialty knee bracing to everyday ankle braces. Which also means that I have learned a lot in the business side of things with having to deal with insurance companies and different policies of our different doctors. I also work part time as an employee of West Jefferson Local Schools as the Athletic Trainer for West Jefferson High School so I still get my fill of being on the sidelines and taking care of my athletes too.

Abby Stillings: I graduated from NC State in May got a Job at Athletic Performance Center working with a Physical therapist. I also provide athletic training coverage for 2 high schools in the Raleigh area.

2004
Bridget Rumer: Assistant ATC at University of Rhode Island, this is my 4th year (well 3.5), working Volleyball and Men's Cross Country and Track and Field. I also was the Head ATC for the Rhode Island Storm Hockey Team out of Kingston, RI. They were a member of the New England Professional Hockey League this season.

2003
Jr Bonham: I'm still working at Ohio Dominican University as an assistant athletic trainer. I recently received my MS from California University of Pennsylvania in Exercise Science and Health Promotion under the Sport Psychology track.

Shaun Morrison: I'm still living in Toledo. A physician assistant practicing orthopedics. That's about all. Hope all is well with everyone!

Kelly Sims Newsad: I've been back in Columbus for almost 6 months. I'm working as a PT, ATC at Burkam & Associates in Powell. It's an outpatient ortho/sports medicine clinic and myself and Dayne Conley have started a running injury prevention and treatment program with the Columbus Running Company. You can check it out at www.columbusrunning.com and click on Sports Med. Other than that, Brad started law school at OSU and I've been running and plan to run the Columbus Marathon in the fall.

2002
Kristi Johnson: My lil’ update - I’m working as a Physician Assistant in Orthopedics in Iowa. Also work with the community college football team, so still using my AT skills.

1994
Carrie Liggett Stevens: I am currently living in Jackson, Michigan and working as the athletic trainer for Lumen Christi High School. My husband Erik and I have 3 children, Christine 10, Cara 8, and Brendan 5.
Junior Practicum Spring 2009 started off with a Mercury spill in the classroom while revisiting the Sling Psychrometer—everyone was OK :)
Remember the OCATS

****FUN****

Kinesiology Class

NATA 2009
Alumni Staff and Current OCATS

08-09 Otterbein College ATEP

2009 Goodwin Cup Champions

Football Pregame