Hello everyone and welcome to our latest edition of our Alumni Newsletter. I sincerely hope the New Year has brought you and your family good health and good fortunes!

First, I would like to welcome the newest member of our athletic training staff – Justin Tatman. Justin is a 2007 graduate of our program who has replaced Brenda Young who decided to focus on raising her family! We greatly miss Brenda but are fortunate that Justin brings a quality graduate school background as well as professional level experience to our program. In a very short time, he has already raised the bar of learning expectations for our students. We look forward to many years of first class service from Justin!

Last year the senior class left their mark on the program by developing an Athletic Training Student Scholarship for our majors. Thanks to an initial start-up donation from Mr. and Mrs. Pizzi (Parents of Amanda Pizzi, class of 2009) we were able to give two $1,000 scholarships to junior Brianna Burke and junior Jennifer Ruano. Our goal is to make this an endowed scholarship so we could use your help to reach the $25,000 needed to have this scholarship be self-funded. If you are able, please consider giving to the Athletic Training Student Scholarship. This is a wonderful way to give back to the program as well as give back to your Alma mater!

The entire staff has been hard at work planning for semester conversion, covering a new sport (Men’s Lacrosse), planning for Women’s Lacrosse to be added next year and placing students all over the country for graduate school. In addition, we are preparing to accept a large freshman class this spring so everyone is working diligently to give each student an excellent educational experience. We are lucky to have all the major pieces in place to offer a top-notch program. As always – if you are in the neighborhood, please do stop by, we would love to see you!

If you are currently a member on the social networking site of FACEBOOK, please join our Group “Otterbein College AT Alumni”. We look forward to using this method to keep in contact with you all!

If you are not a FACEBOOK member, we are always glad to hear from our graduates and would love to know where you are working and what you are doing otherwise in your lives. It is also helpful for you to contact us with address changes and email updates so we can keep in touch.

Please email updates to Courtney McEwan—cphillips@otterbein.edu with this information.
Current Faculty/Staff

Joan E. Rocks, Ph.D., ATC
Athletic Training Program Director/HSS Department Chair:
Over 24 years of athletic training educational and clinical experience.
Graduate of Marietta College (B.S.), Canisius College (M.S.), and
University of Toledo (PhD.)
Responsibilities include: Health and Sport Sciences Department Chair, Athletic Training
Program Director. Provides athletic training supervision for practice and home competition
of Women’s Soccer. Assist in providing classroom instruction for the core athletic training
classes.

Charles P. Goodwin, MESS., ATC
Head Athletic Trainer/Clinical Instructor:
Over 19 years of athletic training educational and clinical experience.
Graduate of Furman University (B.S.) and The University of Florida (MESS)
Responsibilities include: Coordination of medical coverage for all Varsity/JV sports. Pro-
vides athletic training supervision for practice and home competition of Cross Country,
Women’s Basketball and Softball. Assist in providing classroom instruction for the core
athletic training classes.

Justin Tatman, M. Ed., ATC
Assistant Athletic Trainer/Clinical Instructor:
Over 3 years of athletic training educational and clinical experience.
Graduate of Otterbein College (B.S.), The University of North Carolina at Chapel Hill (M.A.)
Responsibilities include: Providing athletic training supervision for practice and home
competition of Men’s Soccer, Indoor and Outdoor Track. Assists in providing classroom
instruction for the core athletic training classes.

Shelley Payne, MS, PT, ATC
Allied Health Program Director, Physical Therapist, Assistant Athletic Trainer/Clinical
Instructor:
Over 16 years of Physical Therapy and Athletic Training experience.
Graduate of DePauw University (B.A.) University of Indianapolis (M.S.) and
University of Indianapolis (D.H.S.)
Responsibilities include: Physical Therapy Supervisor - Otterbein University. Assist in
providing classroom instruction for the core athletic training classes. Allied Health Program
Coordinator.

Joe Wilkins, M. Ed., ATC, CSCS
Assistant Athletic Trainer/Clinical Instructor:
Over 10 years of athletic training educational and clinical experience.
Graduate of Otterbein College (B.S.) and The University of Virginia (M.Ed.)
Responsibilities include: Providing athletic training supervision for practice and home
competition of Football and Baseball. Assists in providing classroom instruction for the
core athletic training classes.

Courtney McEwan, MA, MS, ATC, CSCS
Assistant Athletic Trainer/Clinical Instructor:
Over 12 years of athletic training educational and clinical experience.
Graduate of Wingate University (B.S.), North Carolina State University (M.A.) and
The California University of Pennsylvania (M.S.)
Responsibilities include: Providing athletic training supervision for practice and home
competition of Volleyball, Men’s Basketball and Men’s Lacrosse. Assist in providing class-
room instruction for the core athletic training classes.
Meet Our Medical Staff

Dr. Darrin Bright, MD

Undergraduate Education: BS in Natural Sciences, University of Akron, Akron, OH (1998)
Medical School: Northeastern Ohio Universities College of Medicine (1997)
Residency: Family Medicine, Riverside Methodist Hospital, Columbus, OH (2000)
Fellowship: Sports Medicine, Ohio State University (2011)

Dr. Anthony J. Ewald, MD

Undergraduate Education: BS in Biomedical Engineering, Wright State University, Fairborn, OH (1999)
Medical School: The Ohio State University, Columbus, OH (2003)
Internship and Residency: Internal Medicine and Pediatrics, Indiana University Hospitals, Indianapolis, IN (2007)
Fellowship: Primary Care Sports Medicine, Indiana University, Indianapolis, IN (2008)

Dr. Lawrence Udom, MD

Undergraduate Education: BA in Biology with Chemistry minor, The University of Minnesota at Moorhead, Moorhead, MN (1998)
Medical School: Albany Medical College, Albany, NY (2005)
Internship and Residency: Family Medicine/Psychiatry, The University of Cincinnati/The Christ Hospital Residency Program, Cincinnati, OH (2010)
Fellowship: Primary Care Sports Medicine, MAX Sports Medicine Institute/Ohio Health Riverside Methodist Hospital, Columbus, OH (2011)

Born in Brazzaville, Congo grew up in a number of different places. High school in England, and back to the states for college. In residency covered Clark Montessori High School football team, and work with the University of Cincinnati football team during their recent championship season. Current team physician for Centennial High School, Columbus, OH. Happy to be working with the friendly and knowledgeable staff at Otterbein University. Go OCATS!!

J.T. VanWey, PT, DPT, ATC

Undergraduate Education: The Ohio State University, B.S. Athletic Training (2007)
Graduate Education: The Ohio State, Doctor of Physical Therapy (2010).

His responsibilities include providing physical therapy services to the athletic staff as well as instructing athletic training students on rehabilitation in the athletic training room.

J.T. is originally from Roseville, Ohio. He has been in the United States Air Force and Air National Guard for over 13 years which has taken him all over the United States and overseas. J.T. enjoys working out and playing guitar with his free time. He and his wife, Shelley, reside in Blacklick, Ohio.
**Alumni Perspective** by Jessica Buschmann

**Hello there Cardinal AT Alum!**

I really cannot fathom where my last two years since my time in the FATC at Otterbein College- I mean *University* have gone! Whenever I hear someone refer to Athletic Training or Otterbein, I become overwhelmed with a sense of pride and admiration. Otterbein continues to follow me in numerous ways, for I can wholeheartedly attribute many of the values I possess to my four years as a member of the Athletic Training Department at Otterbein. We all learned how to put our classroom knowledge into action while having wonderful faculty and staff to help guide us in the learning process. As I continue to further my career within the healthcare profession, I utilize the skills I learned in the FATC: to care for each and every athlete or patient with compassion, empathy, and benevolence. We owe it to our athletes to be the best we can be each day and act on the knowledge our AT staff so generously shared with us and helped us foster. They taught us what it means to work as a cohesive unit and utilize every resource at our disposal. One thing I loved about attending conferences such as OATA was realizing how much I loved being a part of a health profession which has a bountiful passion for what they do day in and day out. Athletic Training may not be as well known as other healthcare occupations, but together as a profession we strive and work each day to get our name out there displaying how vital Athletic Trainers are to an athlete’s success and well being. We do that by gaining an athlete’s trust, respect, and building relationships with them. Otterbein Athletic Training has taught me so much more than how to tape an ankle or evaluate a potential ACL tear; it has shown me exactly how to treat and relate to people both professionally and personally. I will never be able to truly relay how much the AT program has enhanced my life currently and in the future. In closing, I wish each and every one of you the very best and continued luck in your chosen career. Wherever you are, keep striving and work hard promoting our profession! As always shout it out loud and proud- **GO CARDS!!**

**Athletic Training Student Awards/ Accomplishments**

**The Rudy Owen Award for Merit**

2010    Tyler Congrove

**The William “Doc” Freeman Senior Leadership Award**

2010    Erin Baumann

**The Ann Pryfogle Award for Scholarship**

2010    Olivia Roberts
        Kelli Barto

**Recently Certified AT/C’s:**

Amanda Pizzi
Corey Debarbie
Will Stephens

Tyler Congrove
Andrea Johnson
Dave Dziedzicki

Christine Smothers
Kelli Barto
Daniel Lynch

It’s A Wrap!

OC ATEP went green, that is why it was sent out in PDF to your email! Save a little $ and save the planet!
The 2010-2011 school year has been a great time of bonding, volunteering, and accomplishments for OCATS. To begin the school year OCATS held their annual Hog Roast. The social event was a great experience for athletic training students of all ages to fellowship and relax after an intense fall pre-season, but it wasn’t all about relaxing. The Hog Roast continued the tradition of the ever popular corn-hole tournament, and after a grueling fight to the top, was won by champions (senior) Danny Lynch and (Certified) Justin Tatman.

Fall quarter wasn’t all fun and games though; OCATS also had a great showing at the Columbus Marathon. Dr. Darin Bright, Otterbein’s team physician, is also the medical coordinator for the event, and in support of Dr. Bright several students ranging from freshmen to seniors attended the event. The majority of the students manned the finish line where they obtained a growing knowledge of exertional collapse, while other students worked throughout the course. Overall this opportunity was a great educational, networking, and valued experience.

This year also was a year of evolution for OCATS. The mentorship program, where underclass students are provided with an upperclassman mentor was revamped. The mentors provide the underclassmen with knowledge of their experience, study techniques, and the general ins and outs of the program. This year OCATS decided to have each of the freshman assigned to a senior fall quarter, junior winter quarter, and sophomore spring quarter in order to enhance their mentorship experience. Thus far the changes seem to be for the better with one of lowest freshman drop rates seen in the program.

OCATS is also in the process of designing a recruitment committee. The group will directly work and interact with prospective high school students interested in athletic training while on their campus visits at Otterbein. They will show them the facilities, answer questions, and inform them of the daily life of an athletic training student.

Lastly OCATS is proud to announce their amazing performance at the OATA Quiz Bowl. Otterbein finished second out of 17 ATEPs from the state of Ohio, and fell to the defending champions, Wilmington College. The team consisted of (junior) Kevin Gallagher, (senior) Brad Muse, and (senior) Olivia Roberts. As the year winds down we are working on discovering several new service projects and hoping for a stellar performance to at the Otterbein-Capital Athletic Training Olympics to bring the Goodwin Cup back to Otterbein.
2010
- Tyler Congrove is a graduate assistant athletic trainer at the University of North Carolina at Greensboro
- Corey Debarbrie is an NFL Intern with the Cleveland Browns
- Dave Dziedzicki is a graduate assistant athletic trainer at Indiana State University
- Andrea Johnson is in Physical Therapy School at Ohio University
- Amanda Pizzi is a graduate assistant athletic trainer at Auburn University currently working with the Army
- Will Stephens is an Athletic Trainer in the Columbus Public School system.

2009
- Janelle Jones is graduate student at Miami University of Ohio
- Amanda Benson is a graduate student at Barry University in South Florida
- Kate Connelly is a graduate student at The Ohio State University

2008
- Ryan Studer has obtained a GA position with Men’s Soccer at North Carolina State University in Raleigh, NC.
- Lizzy Hewitt is a Physical Therapy Student at Mt. St Joseph’s College in Cincinnati
- Tom Long is a Physical Therapy Student at Mt. St Joseph’s College in Cincinnati
- Kevin Stahr is an Occupational Therapy Student at The Ohio State University
- Katie Homan is a Graduate Assistant with Women’s Basketball at the University of North Carolina at Chapel Hill and is currently an Athletic Training Intern at Walt Disney World Wide World of Sports Complex in Orlando, FL
- Matt Brown is a Graduate Assistant at the University of Toledo

2007
- Kristen Moore is employed by Sports Medicine GRANT in Columbus OH
- Abby Stillings Whiteside is an athletic trainer/sports performance specialist at the Raleigh Orthopedic Sports Performance Center
- Justin Tatman has found his permanent job right here at Otterbein University!
- Annelise Erpenbeck is a Physicians’ Assistant in Lancaster South Carolina

2006
- Michiteru Koike is attending chiropractic school in California
- Erika Kastner is working at an Athletic Trainer at LaGrange College in Georgia
- Missy Butcher is employed at Conley Rehab in Westerville
Grad Update (Here’s What Some of Our Grad’s Are Doing, from the horses mouth!)

2010

**Andrea Johnson** I am in Athens, OH at PT School at Ohio University and I'm serving as the graduate student on the OATA Young Professionals Committee. Basically that means studying my life away and wishing I was back at Otterbein with all my AT friends! :)

2009

**Candy Baker** I'm currently located in Chestertown Maryland, where I am in my second year as an assistant athletic trainer for Washington College. I work with all 17 varsity sports teams and 4 club teams at the college, and provide athletic training services for a local high school. I am in the graduate program at Washington College pursuing my MA in Psychology with an anticipated graduation date of July 2011.

**Christine Borowske** I am still living in Dubuque, Iowa and studying away to be a physical therapist. Travelled to SC for a clinical and tried the shrimp and grits :)  

**Jessica Buschmann** Currently, I am living in Scranton, Pennsylvania attending Marywood University. I am working towards attaining my Masters in Sports Nutrition and Exercise Science as well as taking classes/clinicals toward being Registered Dietician (RD) eligible.

**Tiffany Faust** I am currently living in Philadelphia, PA finishing up my Masters degree in Physician Assistant Studies. I will be graduating in August and moving back to Columbus. Lastly, I'm getting married in October.

2008

**Allie Busser** Although I am not currently seeking a career in athletic training, it has helped me in many many ways at St. Lawrence University. I have recently been promoted to the Assistant Director of Academic Services for Students with Special Needs here at SLU. I started on Jan 4th, 2011, and so far it is exactly what I want to be doing with my life. This all may change when the students are back in town, but the desire I've always had to help people will now be coming to fruition in a clear cut manner! There is a direct correlation to what I do in my position to the success of the students who come through and use our office/resources (appropriately, of course!). But it is something I hope I can see myself doing long down the road. I have an awesome mentor, and just as the nature of the North Country, everyone has been really helpful and welcoming. I will still be serving as the Assistant Volleyball coach as we wrap up our non traditional season this fall, but will no longer continue with the team next season. It's been a great change, and as I wrap up my Master's (this May) it is becoming more clear to me how I would like to mold my career/future.

**Kendra Knight** Located: Ashville, Ohio Employed By: OrthoNeuro: Assistant Athletic Trainer at Pickerington High School Central. Part-Time in the clinic rehabilitating patients.

**Carly Knisely** Currently in nursing school graduation date 2012, living in Grandview and working as a Certified Pharmacy Technician.

**Carly Lee** I am living in Canal Winchester and am the Athletic Trainer at Hamilton Township HS contracted through OrthoNeuro.

**Ben Moldenhauer** I have to be the only AT graduate that is working as an actuary. I'm living in The Woodlands, Texas near Houston. I work for Aon Hewitt in Retirement Consulting.

**Julie Scarpelli** Currently a 1st year occupational therapy student at The Ohio State University.

2007

**Annelise Erpenbeck** Hey all! I have moved south once again- and now call Charlotte home. That is a pretty big step up from my lowly storage unit that has been my base command for the past year and a half ; ). I recently started working as a PA in the emergency room in a hospital in rural Lancaster, SC (just over the NC/SC border). So far so good, and the 70 degree mark that we hit on a January weekend is an added bonus. I hope you all are rocking the world..can't wait to hear what you are up to!

**Ember (Johns) Grant** I am currently living in Dayton, OH and working for Good Samaritan North Hospital in their outpatient physical therapy clinic as a physical therapist! I am on their sport medicine team and cover sports prn as an ATC. I graduated in May from the University of Dayton with my Doctor of Physical Therapy. I also recently found out that my PT school research project was published!


**Abby (Stillings) Whiteside** I am located in Raleigh NC working at the Athletic Performance center, a physical therapy clinic and doing outreach at a local High school. We primarily work with active adults ( tri-athletes, runners, hockey and tennis players) as well as The Carolina Hurricanes professional hockey team.

* name change: Abby Whiteside as of 9/4/10:*
2006

**Katie (Chrien) Moore**  As far as what I am doing now, I've taken a turn more toward the Business side of Healthcare. I live in Fort Myers, Florida and have been working for the local Early Intervention Program, Early Steps for a little over 2 Years now as a Provider Liaison. Early Steps is a State and Federally Funded Program that steps outside a medical-model, so I basically try to get Healthcare Providers (of all disciplines) to take a little less money and complete services and therapies in the Natural Environment for our babies under 3 years of age with developmental delays and/or special needs. I have really found a passion for working in this Program and with these Providers, helping them to enroll with local programs (i.e. Medicaid, Children's Medical Services), complete medical billing, and educate them Program policy as well as what their Natural Environment services can do to improve a child's overall development. Although I am not working as an Athletic Trainer, or other Healthcare Provider, I am able to apply many of the skills I acquired through the education I received in Otterbein’s Athletic Training Program on a daily basis. Personally, since I moved to Florida I have gotten married, to Billy Moore who I have dated since 2004. We are now expecting our first child, a little girl due the end of May.

**Tiffany Estes**  Graduated from Otterbein in 2006 (B.S) California University of PA 2008 (Masters) I am doing Athletic Training working for OhioHealth Sports Medicine, at the Southwest Health Center (Grove City, OH) in Rehab part time, and at Hilliard Bradley High School (Hilliard, OH).

2005

**Shaun Morrison**  Live in Toledo OH and am a physician assistant working for Toledo Orthopedic Surgeons. Hope all is well with the Otterbein AT family!

**BJ (Thomas) Grimm**  well I am a Title I Math teacher, sooo totally not associated with Athletic Training.... Hope things are good at OC...(I refuse to call it OUI!)

2004

**Megan (Durbin) Elliott**  I am currently working for Mohican Sports Medicine at Mount Vernon High School. This is my second year working at MVHS. Prior to that I worked for Nationwide Children's Hospital Sports Medicine at London High School for five years. In my spare time I coach 16 and under softball and also coach first and second grade basketball. I recently was married in October of 2010 and my husband Gary and I reside in Westerville, Ohio.

2003

**Julie (Hills) Meadows**  Working as an athletic trainer at Ohio Therapy Institute, the physical therapy provider for Ohio Orthopedic Center of Excellence. I assist the Director and Assistant Director in the treatment of all their patients, serve as the CI for the OSU AT students and do numerous other projects for the clinic.

**Kelly (Sims) Newsad**  I'm currently the facility manager and physical therapist at Burkam & Associates Physical Therapy in Powell. I'm taking the Orthopedic Clinical Specialist exam in March and running the Boston Marathon in April. My husband Brad is in his 2nd year of law school at Ohio State.

1992

**Jim Rinaldi**  I am a former ATC. I live in West Jefferson with my wife Sandy and work as a professional photographer running my own studio. I left the field of athletic training 2000 to pursue my passion of photography. I do portrait work as well as photograph sporting events from little league to professional. I keep in touch with many fellow Otterbein grads that were in the Sports Medicine program. Still need to make it over and see the new facility on campus. I hear it is quite impressive. Let me know if you need any other info. GO CARDS!
The Classes Come Together
L-R Kelsie Gorrell, Freshman
Kara Butcher, Sophomore
Brianna Burke, Junior
Andrew Mindeck, Senior

Columbus Marathon
2010 Volunteers

Principles of Rehabilitation Class Field Trip to Ohio Health—Downtown
Remember the OCATS

****FUN****