The New York Experience
by Stephanie Belgado '06

A trip to New York City is exciting in and of itself however, this years PHED 391 Sport Finance class had the opportunity to explore the New York Business life from an aspect they never thought possible. The trip began in the early morning hours of October 16th; we drove the entire way and arrived around 4 p.m. After an eventful tour of Manhattan and the opportunity to learn about financial trading from the Senior Vice President at Prudential Securities, John Fallon, we retired to our hotel to rest up for our early morning departure for Manhattan. Our first stop was in the Financial District at Prudential Securities. We each had the chance to sit with financial traders as they were trading commodities around the world. We then went to the New York Merchant Exchange (NYMEX) and got to see the excitement and commotion of the live trading floor.

This trip was a very valuable experience for the three of us. It opened our eyes to a whole new aspect of corporate finance and allowed us to see what we had learned in the classroom put into real life applications. We would like to thank Dr. Sullivan for this once in a lifetime opportunity and for the chance to make connections with business professionals across the country. Also we would like to so great appreciation to the Health and Physical Education Department, for helping to finance our trip as well as John Fallon, for allowing us to spend time at Prudential Securities and learn from his traders.

College Unveils New Logo
Partial Excerpt from the Graphic Standards Manual

This past year the college adopted a new logo that will be used throughout the Otterbein community to create a consistent identity. It can be seen in the upper right hand corner of this page. The new logo encapsulates the legacy and tradition of the college through its iconic building, Towers Hall. The “O” represents Otterbein and its ability to warmly embrace those who join us. The opening in the “O” serves as a gateway for people coming and going as they travel about their various phases of life’s journey. Look for the new logo soon on all printed materials, websites, marketing and advertising materials.
The 2005-2006 school year was an eventful and productive year for the Athletic Training major. The year began with two new Certified Athletic Trainers joining the Otterbein staff in full time positions: Brenda Kline, MED, ATC, comes to Otterbein from Ohio State University, and Joe Wilkins, MED, ATC, is a ’00 Otterbein graduate. Events in the fall included students volunteering as student Athletic Trainers for the annual Columbus Marathon, a bowling outing held by OCATS and a hog roast in October. The OCATS executive board, headed by president Missy Butcher, expanded this past year within the major in the form of committees, to help more of the students become involved in giving back to the Health and Physical Education Department.

During winter quarter OCATS held its annual Super Bowl party to the tune of a Steelers victory. Students and Certified Athletic Trainers alike spent time at the Ronald McDonald house cleaning up the facility and conversing with the occupants. The month of February found students viewing a presentation on Emergency Room procedures that left some stomachs jumping. Also upperclassmen in the General Medical Education class spent time at Max Sports Medicine clinic observing and participating in daily doctors visits. Students also participated in the annual Quiz Bowl sponsored by the Ohio Athletic Trainers Association.

Spring quarter saw Athletic Training students compete in the first annual Otterbein vs. Capital Athletic Training Olympics. Events such as fastest taper, spine board relay and dodge ball highlighted the Otterbein victory. Otterbein brought home the Goodwin Cup, and as victors, will host the event next year. OCATS also organized a bowling night and arranged an annual end of the year picnic. A group of athletic training students also ran and walked in support Race For The Cure. Seniors Erika Kastner and Missy Butcher presented at the Annual Ohio Athletic Training Symposium, this year held in Cincinnati. Physical Therapist Shelly Payne and husband Brian welcomed son Ethan born in May.

On top of the extra curricular activities, Athletic Training students continued to perform their clinical assignments, both here at Otterbein and around Columbus, with complete poise and dedication to their daily education and experience. As always, the achievements and diligence of Athletic Training students were a reflection of their supportive staff members. The hard working and first-rate Athletic Training staff of Otterbein did not go unnoticed this year. Charles Goodwin, Head Athletic Trainer, and Shelley Payne, Physical Therapist and staff Athletic Trainer, were both nominated for the Ohio Athletic Training Association’s Athletic Trainer of the Year Award, the most prestigious award given out by that organization. Dr. Joan Rocks, Athletic Training Program Director and HPE Department Chair was nominated for and received the Linda Weber Daniel Outstanding Mentor Award. This is a testament to the entire athletic training program, and a true example for all students and staff within the Health and Physical Education Department.
Alumni Return for Panel Discussion

This past spring alumni from our department were invited to participate in an alumni panel discussion for current majors. The evening began with a social gathering at Pasquales with the alumni and faculty, followed by a roundtable type discussion with students in the Clements center. The event was a success and we had alumni present from all our respective majors to talk with current majors about making career choices and getting jobs. It was a great opportunity for students to interact with their peers who are working in their respective fields and turned out to be a great networking opportunity for all. The Health and Physical Education Department hopes to make this an annual event and would once again like to thank everyone who participated this past year.

Exciting New Health Education Curricular Changes
by Dr. Ellen Capwell

The Department of Health & Physical Education now offers a Public Health Concentration for its Health Education major. This will better meet the needs of students who are not seeking teacher licensure, but who wish to practice health education in non-school settings, such as national, state or local public health departments, community health organizations, worksites, or health care facilities. A Public Health Education Practicum and Internship will be included. Coursework in the Public Health Concentration will also prepare students to sit for the Certified Health Education Specialist (CHES) exam. This concentration offers a great opportunity for students who want to practice health education assessment, planning, implementation, evaluation & research, administration, resource linkage, and communication & advocacy, directed toward a variety of public health issues.

Alumni Survey on the Web

We value your opinion! That’s why we now have an alumni survey on line. If you have not previously participated in the alumni survey we invite you to do so now. Please visit the following link:

http://www.otterbein.edu/dept/HPE/

Just click on Alumni Survey, which can be found in the middle of the page, and you will be asked to answer a short survey on your experience at Otterbein as a student in the HPE Department. The input that you provide helps us to strengthen our programs and helps us to better serve the needs of our current students. Thank you in advance for your participation.

“This concentration offers a great opportunity for students who want to practice health education assessment, planning, implementation, evaluation & research, administration, resource linkage, and communication & advocacy, directed toward a variety of public health issues.”

Dr. Ellen Capwell referring to our new Public Health Concentration
Otterbein Students/Faculty Participate in Professional Events
Contributor-Patience Denz ’06

Students and faculty alike represented the Department of Health and Physical Education at annual OAHPERD Convention this past year. Annette Boose, joined by PHED majors Patience Denz, Andrea Davis and John Mark Mocas presented a program entitled, “Electronic Portfolios: Why Have ‘Um, Who Needs ‘Um?” Anchored by Annette, the group developed a power point presentation and some examples to show their audience. Annette presented some background information on the departments portfolio building program, while Andrea, John Marc and Patience each spoke about the before, during, and after benefits of creating an electronic portfolio to take with them into the “real world” for job interviews and professional development. Also joining the presentation crew were Dr. Kim Fischer and Ms. Patti Wilson. Dr. Fischer enlightened her audience on the topic “How to Become a Certified Personal Trainer”. She provided information regarding the organizations who offer this certification and how to choose the right organization based on your needs and interests. Ms. Wilson’s program gave an overview of the new, improved 8.0 version of Physical Best FITNESSGRAM software. Dr. Joy Kiger and eight other students (who got to attend free for their volunteer efforts) from the department were also on hand at the convention.

Dr. Greg Sullivan traveled to Switzerland and participated as a panelist and author of input paper for breakout session entitled: Education, Training and Capacity-Building Strategies at The 2nd Magglingen Conference on Sport and Development which is the culminating event of The International Year of Sport and Physical Education (IYSPE 2005), proclaimed by the United Nations General Assembly in 2003.

Dr. Joy Kiger attended the Motor Development Research Consortium at Northern Illinois University.

Dr. Ellen Capwell presented a roundtable discussion on Health Planning and Evaluation at the Health Educators Institute at Salt Fork.

Dr. Joan Rocks conducted a poster presentation entitled Collegiate Athletic Trainers’ Knowledge and Perceptions of Disordered Eating Behaviors in Athletes at the National Athletic Trainers Symposium in Atlanta.

Rike Center Gets a New Classroom

Increasing enrollment and thus the need for more space in the Rike Center was the deciding factor in the decision made this past year to utilize the former weight room as a classroom. This room, due to it’s large size and ability to be enclosed to contain sound, is an ideal place to hold courses such as Self Defense, Tang Soo Do, Stability Ball Conditioning with Pilates, Kickboxing, and several dance courses.

Amanda Reynolds Rammelsberg ’93, who is a Certified Personal Trainer and an AFAA Certified Kickboxing Instructor, was hired this past year as an HPES adjunct instructor and she has been instrumental in organizing this area and obtaining the necessary equipment so that students are receiving the highest quality instruction possible in these courses. Also joining our staff as an adjunct HPES instructor this past year is Jared Circle ’03. Jared is the owner of the Koguryo Martial Arts Academy and a 5th degree black belt in Koguryo Tahng Soo Do.
Health Promotion and Fitness Majors Form a Wellness Club

Students from the Health Promotion and Fitness major have been working very hard on the formation of a new club in our department this past academic year! The Wellness Club, advised by Dr. Kim Fischer and Annette Boose aims to provide its members with opportunities to visit organizations that are involved with some aspect of Health Promotion and Fitness. Members are planning on hosting two outings/events per quarter and are hoping to eventually involve the majority of our students who major in Health Promotion and Fitness. Input from the students is used to determine the location of the outings and goals of the club include:

1. Having Fun
2. Facilitating Professional Development for members
3. Educating self and others on topics such as healthy eating, healthy lifestyles, alternative medicines, exercise, team building, environmental issues (anything that has to do with wellness for the individual and society as a whole)
4. Facilitating changes in regard to healthy lifestyles

This past year students visited Whole Foods Market on Sawmill Road, hosted an information booth and free chair massages in the campus center, and traveled to the Flying J Organic Farm in Johnstown, OH for a tour.

Student Recognitions 2005-2006

Congratulations to:

Patience Denz- recipient of a 2005 OAHPERD Memorial Scholarship Outstanding Senior Leadership Award.

PHED 250 students who received a 2005 White Glove Award from Keep Franklin County Beautiful. in recognition of their efforts in creating “Team Up for H.E.L.P”, an environmental health service learning project they implemented along with 1st grade students from Westerville’s Mark Twain Elementary school.

Jenny Bloomquist (HLED)-recipient of the 2006 annual Karen H Evans Memorial Scholarship.

Departmental Academic Award Recipients 2005-2006

Andrea Davis –Outstanding Senior Physical Education Award
Robert Balawajder-Elmer W. “Bud” Yoest Endowed Award
David J. Michel-Harold C. Martin Endowed Award
Elizabeth Hewitt and Christiana Yount-Marilyn E. Day Endowed Award
Dr Sullivan Is Named Best New Faculty of the Year

The Health and Physical Education Department is pleased to announce that our very own Dr. Greg Sullivan was named Otterbein College’s Best New Faculty of the Year for the 2005-06 academic year. Applicants are selected through a nomination/recommendation process by the Academic Dean and committee of their peers. For those of you who don’t know Dr. Sullivan, this is his second full year with our department; prior to which he was an adjunct professor. Greg came to us from Wall Street, after a successful career as a commodities broker, having recently received his Doctorate Degree in Sport Management from The Ohio State University. Greg brings to Otterbein a thorough knowledge of the business world and an extensive network of professional contacts as well as real life experience in the Sport Management field through his coaching involvement with Upper Arlington schools and past experience coaching at the college level. He is also very involved with “Playing for Peace” (recently profiled in the Towers magazine), an organization which teaches students in underprivileged countries how to resolve conflicts by playing basketball. Greg teaches several Sport Management courses and also BADM 645, a graduate level business course, here at Otterbein.

We Want to Hear From You!

We are always glad to hear from our graduates and would love to know where you are working and what you are doing otherwise in your lives. It is also helpful for you to contact us with address changes and email updates so we can keep in touch. Please email updates to Annette Boose-aharting@otterbein.edu with this information.